



## St Dennis Primary Academy – PSHE



“Believe in yourself and you will be unstoppable.” - Unknown

Through the PSHE curriculum, children explore beliefs, feelings and values, learn about themselves and how to reflect. Learning how to have a healthy body and mind is evident through cookery sessions, staff TIS training and visits from outside professionals. A key element of PSHE is the exploration of relationships with others and this is often explored during class Circle Times. Career options are made apparent through visits from professionals and aspiration is one of our school values.

Pupils use a range of social skills and participate in engagement with the community, respect each other and learn about tolerance through the PSHE curriculum. Our School Council allows children to make changes in both school and the wider community whilst providing the chance to exercise democracy. Pupils enjoy organising fundraising activities and economic wellbeing is a strand that flows through PSHE learning.



Understanding that there are consequences for actions, recognising right and wrong and investigating moral issues are key in the healthy development of young people. Our pupils have weekly Golden Time to reward positive behaviour and our school rules and consequences provide the opportunity to reflect upon individual behaviours. The school Eco Club investigates wider ethical issues and morals are discussed regularly through class Circle Times.

It is vital that pupils understand and celebrate diversity, experience culture outside of their own and appreciate the role of the parliamentary system. Antbullying week takes place at our school, with differentiated age-appropriate lessons. Pupils in year 6 visit London and woven through class topics are opportunities to explore the cultural history of our country and how we are enriched by others.