

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Whole school		Road Safety Week NSPCC PANTS	Drugs and Alcohol Education Week Stay Safe Week, including Safer Internet Day			Healthy Week
Year 1	Emergencies and getting help		Healthy Friendships Our bodies and boundaries	Medicines Who gives us medicines?	Managing our time safely whilst online	
Year 2		Everyday safety Basic first aid	Hand hygiene	Risk Hazardous substances Safety rules	Online friends	
Year 3		Road safety	Why people smoke Physical effects of smoking Preventing smoking Drugs		Strategies to support positive mental wellbeing Sun safety	
Year 4		Resolving conflict and managing negative pressure Everyday safety and basic first aid	Effects of drinking alcohol Alcohol and risk Limits to drinking alcohol	Safely enjoying the online world Keeping personal information safe and private online		Understanding that not everyone is who they say they are online
Year 5	Respectful relationships		Legal and illegal drugs Attitudes to drugs Peer pressure	Online content Online contact	Exploring risk in everyday situations Mental health and keeping well	
Year 6	Healthy and harmful relationships	Keeping your body safe Consent	Exploring risk in relation to gambling Volatile substance abuse and getting help Drug help, support, and advice	Online friendships and keeping safe Skills for using the Internet safely	Social media	

