

Personal Development Newsletter

PSHE - "Believe in yourself and you will be unstoppable." - Unknown

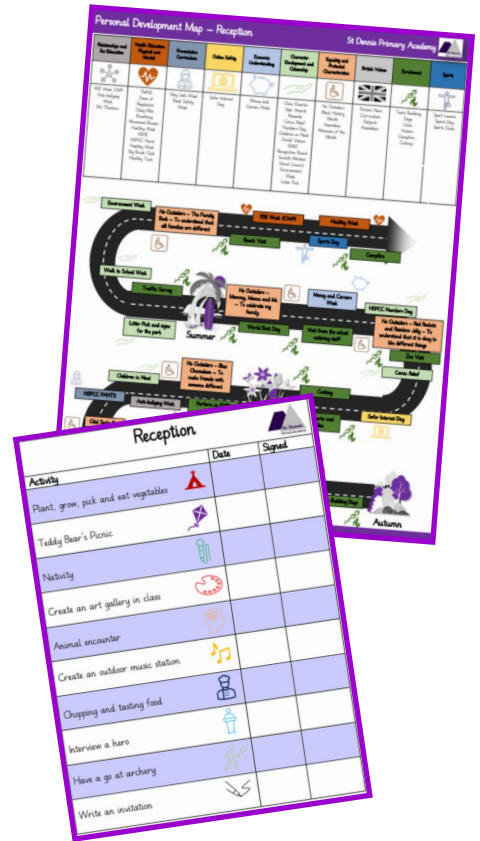
Welcome to the first Personal Development Newsletter

What an exciting first half term! Since September, children have been part of team building days, completed their first sets of PSHE lessons, been involved in Black History Month learning and some classes even took part in NSPCC Speak Out stay Safe workshops.

What is Personal Development?

Each class has their unique Personal Development mapped out for the year. This ensures children are exposed to a range of experiences and lessons that help prepare them for life in the wider world. Activities cover a wide variety of topics including fundraising, volunteering, exploring how to manage money, caring about the environment and learning how to keep themselves and others safe.

Each class also has an enrichment passport which they complete throughout the year. It's so exciting to see the children challenge themselves and experience something new! Both the personal development roadmaps and enrichment passports can be found on our website on your child's class page.



NSPCC PANTS

Children across the school learn the NSPCC PANTS rule. This is a fun way to learn about appropriate touch, respecting the privacy of others and how to seek help if they feel uncomfortable.



HELP!

We would love some family members to come into school to talk about their careers for an Aspiration Day. Do you have an exciting job that our children would love to hear about? Please get in touch with Miss Stokes if you would like to visit us.

Miss Stokes is the PSHE Lead and is always happy to answer any questions about what your child is learning. All curriculum information is available on the school website here: [PSHE and RSHE | St Dennis Primary Academy](#)