

Year: 6
 Term: Autumn 1
 Topic: Why do Hindus want to be good?

What is Brahman?

For Hindus, Brahman is the Ultimate Reality, the supreme

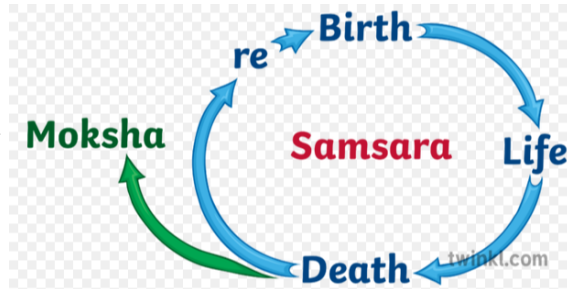


God.

What is Samsara?

Most Hindus believe that humans are in a cycle of death and rebirth called samsara.

When a person dies, their atman is reborn in a different body.



Glossary

- atman The spark of Brahman in every living creature.
- Brahman The one supreme God in Hinduism.
- Brahma The creator God.
- reincarnation The rebirth of the atman in another body.
- karma The total of all a person's actions which decides their future existence.
- samsara The cycle of death and re-birth.
- moksha The release from the cycle of life, death and rebirth.
- ahimsa The belief not to cause harm to any living creature.

What is atman?

What can be learned about atman through a Hindu story?

Atman is a Hindu word that means 'soul or spirit'. It refers to the real person inside an individual. It is made of part of the spirit of Brahman, who Hindus believe is the one true ultimate God. Therefore, it is not something that can be seen or touched, but it is eternal and everlasting.



How does dharma affect the way that someone might live their life?



Dharma is the duties a Hindu should follow in their life. There are various types of dharma for a Hindu. Some are personal duties and some are eternal duties, meaning that they are for everyone. Dharma are expected of all Hindus, and Hindus should live their lives with these in mind.

What example does Gandhi set about how to live?

- "In a gentle way you can shake the world."
- "If all Christians acted like Christ, the whole world would be Christian."
- "First they ignore you, then they laugh at you, then they fight you, then you win."
- "An eye for an eye and everyone shall be blind."
- "Whenever you are confronted with an opponent, conquer him with love."

