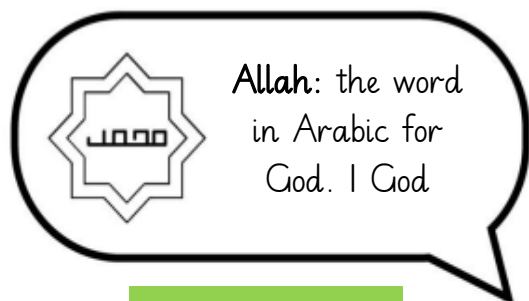


Year: 2  
Term: Summer 1  
Subject: Islam - Who is a Muslim and how do they live?



Shahadah



Sawm



Zakat



Salah



Hajj

In **Islam** there is only one God, **Allah** and someone who follows the religion of Islam is a **Muslim**. The **Shahadah**, is a statement of belief that Muslims say and think about many times a day. Muslims also believe that God sent a messenger or **Prophet** to spread Islam, and this was Muhammad who is also mentioned in the Shahadah.

Muslims believe there is only one God, and nothing is equal to God (**Tawhid**). There are no pictures of Allah instead attributes of are explored through the 99 names.

The 5 pillars are a way of showing their submission to Allah. It can make a big difference to how Muslims live and provides a structure to their lives.

The **Shahadah** is the first pillar in Islam and many Muslims try to keep or complete all of the pillars during their lifetime.

Most Muslims will pray five times a day and this is known as **Salah**. Many Muslims will give money to the poor and this is usually 2.5% of their income and is known as **Zakat**. During the month of **Ramadan**, those Muslims who can, will go without food and water during daylight hours and this is known as **Sawm**.

The final pillar, which is only undertaken by Muslims who can afford it is called the **Hajj** and this is a pilgrimage to Makkah, they should try and make this journey once in a lifetime

## Glossary

<b>Allah</b>	The word Muslims use for God.
<b>Hajj</b>	Pilgrimage to Mekkah to be made once in a lifetime.
<b>Islam</b>	Islam is the second most popular religion in the world.
<b>Muslim</b>	A person who submits to the will of Allah by following the religion Islam.
<b>Prophet</b>	Special messengers sent from Allah.
<b>Ramadan</b>	A festival where Muslims fast during daylight hours.
<b>Salah</b>	Prayer carried out 5 times per day.
<b>Sawm</b>	Fasting from food or liquids during daylight hours.
<b>Shahadah</b>	The Muslim declaration of faith.
<b>Tawhid</b>	The belief that there is only one God and nothing is equal to God.
<b>Zakah</b>	Giving to charity.

