

Year: 1  
 Term: Summer 1  
 Topic: Cooking and nutrition—Smoothies

Where does this learning link to aspirations for the future?

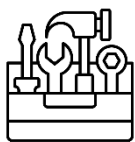
Kenwood is a company that make kitchen equipment. You could design or make these in the future.

In DT, we follow this five step process.

Research



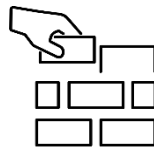
Skills



Design



Make



Evaluate



fruits

vegetables



strawberries



potatoes



grapes



spinach



bananas



carrots

Skills



cutting



juicing



taste testing



Glossary

- cut** To use a knife to make something smaller.
- fruit** The part of a plant that has the seeds in.
- ingredients** The foods needed to make a recipe.
- juice** To get the juice out of a fruit or vegetable.
- juicer** Something used to get juice from a fruit.
- leaf** The flat green part of a plant that grows from a branch or stem.
- root** Part of the plant that takes water and other things from the soil.
- seed** New plants grow from it.
- stem** The long, thin part of a plant that holds it up.
- table knife** A tool used for cutting.
- vegetable** Any part of a plant that you can eat.



Fruit and vegetables are an important part of a balanced diet.