

|                     | Autumn                                                                         | Spring                                                                                                                                                       | Summer                                                                                                                                                   |
|---------------------|--------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| Whole school events | Stay Safe Week<br>Black History Month<br>Antibullying Week<br>NSPCC            | Drugs and Alcohol Education Week<br>Safer Internet Day<br>Money and Careers Week                                                                             | Environment Week<br>RSE Week<br>Healthy Week                                                                                                             |
| Circle Time themes  | Getting to know you<br>Being kind and friendship                               | Feelings<br>Listening and concentrating                                                                                                                      | Resolving conflict and problem solving<br>Achieving and changes                                                                                          |
| Diversity           | Black History Month                                                            | LGBTQ Week                                                                                                                                                   | Disability Awareness Week                                                                                                                                |
| Reception           |                                                                                |                                                                                                                                                              | Christopher Winter Project SRE<br>Caring friendships<br>Being kind<br>Families                                                                           |
| Year 1              | Brook Learn<br>Welcome to school<br>Emergencies and getting help               | Brook Learn<br>Healthy Friendships<br>Our bodies and boundaries<br>Christopher Winter Project D&A<br>Staying Healthy<br>Medicines<br>Who gives us medicines? | Brook Learn<br>We all have feelings<br>Good and not so good feelings                                                                                     |
|                     | Brook Learn<br>People who care for us<br>Rights, responsibilities, and respect | Brook Learn<br>Our health<br>Healthy food choices                                                                                                            | Brook Learn<br>Managing our time safely whilst online<br>Christopher Winter Project SRE<br>Different friends<br>Growing and changes<br>Families and care |
| Year 2              | Brook Learn<br>Respecting uniqueness<br>Our communities                        | Brook Learn<br>Learning about work<br>Hand hygiene<br>Christopher Winter Project D&A<br>Risk<br>Hazardous substances<br>Safety rules                         | Brook Learn<br>Online friends<br>Big feelings                                                                                                            |

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|          | <p>Brook Learn</p> <p>Everyday safety</p> <p>Basic first aid</p>                                                       | <p>Brook Learn</p> <p>Sharing photos online</p> <p>Online interactions and information sharing</p>                                                                                                                                                                                                                                                                  | <p>Brook Learn</p> <p>Keeping our teeth healthy</p> <p>Christopher Winter Project SRE</p> <p>Differences</p> <p>Male and female animals</p> <p>Naming body parts</p>                                                                                                              |
| Year 3/4 | <p>Brook Learn</p> <p>What makes a good friend?</p> <p>Respecting others</p>                                           | <p>Brook Learn</p> <p>Money choices</p> <p>Volunteering and citizenship</p> <p>Christopher Winter Project D&amp;A (Year 3)</p> <p>Why people smoke</p> <p>Physical effects of smoking</p> <p>Preventing smoking</p> <p>Christopher Winter Project D&amp;A (Year 4)</p> <p>Effects of drinking alcohol</p> <p>Alcohol and risk</p> <p>Limits to drinking alcohol</p> | <p>Brook Learn</p> <p>Understanding that not everyone is who they say they are online</p> <p>Managing feelings</p>                                                                                                                                                                |
|          | <p>Brook Learn</p> <p>Resolving conflict and managing negative pressure</p> <p>Everyday safety and basic first aid</p> | <p>Brook Learn</p> <p>Safely enjoying the online world</p> <p>Keeping personal information safe and private online</p>                                                                                                                                                                                                                                              | <p>Brook Learn</p> <p>The environment</p> <p>Christopher Winter Project SRE (Year 3)</p> <p>Body differences</p> <p>Personal space</p> <p>Help and support</p> <p>Christopher Winter Project SRE (Year 4)</p> <p>Changes</p> <p>What is puberty?</p> <p>Healthy relationships</p> |
| Year 4/5 | <p>Brook Learn</p> <p>Diverse communities</p> <p>Respectful relationships</p>                                          | <p>Brook Learn</p> <p>Puberty - bodies and reproduction</p> <p>Puberty - changes</p> <p>Christopher Winter Project D&amp;A (Year 4)</p> <p>Effects of drinking alcohol</p> <p>Alcohol and risk</p> <p>Limits to drinking alcohol</p>                                                                                                                                | <p>Brook Learn</p> <p>Mental health and keeping well</p> <p>Managing challenges and change</p>                                                                                                                                                                                    |

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|        |                                                                                 | Christopher Winter Project D&A (Year 5)<br>Changes<br>What is puberty?<br>Healthy relationships                                                                                                          |                                                                                                                                                                                                                                                                            |
|        | Brook Learn<br>Illness<br>Nutrition and healthy eating                          | Brook Learn<br>Online content<br>Online contact                                                                                                                                                          | Brook Learn<br>Exploring risk in everyday situations<br>Christopher Winter Project SRE (Year 4)<br>Changes<br>What is puberty?<br>Healthy relationships<br>Christopher Winter Project SRE (Year 5)<br>Talking about puberty<br>The reproductive system<br>Help and support |
| Year 6 | Brook Learn<br>Different types of families<br>Healthy and harmful relationships | Brook Learn<br>Spending decisions<br>Exploring risk in relation to gambling<br>Christopher Winter Project D&A<br>Cannabis<br>Volatile substance abuse and getting help<br>Drug help, support, and advice | Brook Learn<br>Social media<br>Feelings and common anxieties when changing schools                                                                                                                                                                                         |
|        | Brook Learn<br>Keeping your body safe<br>Consent                                | Brook Learn<br>Online friendships and keeping safe<br>Skills for using the Internet safely                                                                                                               | Brook Learn<br>Changes from primary to secondary school<br>Christopher Winter Project SRE<br>Puberty and reproduction<br>Communication in relationships<br>Families, conception, and pregnancy<br>Online relationships                                                     |