







Year: 5
 Term: Summer 2
 Topic: Biology - Animals including humans

baby	toddler	child	teenager	adult	senior
cannot walk	start to talk	grow and learn	go through lots of changes	finished growing	fitness levels decline
cannot talk	start to crawl	start school	bodies change	responsibilities	may struggle with everyday activities
cannot control bladder	start to walk	learn new skills	spots may develop	can still learn	may grow grey hair
mostly drink milk	begin to explore the world around them	lose their baby teeth	puberty	marriage and babies	final stage of the human life cycle
					

Glossary

birth	When your life starts as a physically separate being.
conception/fertilisation	When the egg and the sperm meet to begin the development of a foetus.
death	When the life cycle ends.
develop	To grow to become more mature or advanced.
egg	The female sex cell.
foetus	A baby that is still developing in the womb.
puberty	A time in the human life cycle when the body goes through changes to become an adult.
sperm	The male sex cell.
womb	An organ in which the foetus grows and develops.

Puberty is a time in our lives when our bodies change from a child into an adult. This time happens during our teenage years.

You may sweat more. When sweat mixes with bacteria on your skin, it can smell or cause bad odour (BO). It is important to wash regularly.

You may develop spots on your face, neck, back or chest. Some people develop lots of spots and some hardly any. It is completely normal.

Hair grows in new places such as under your armpits. Boys also grow facial hair like beards and moustaches.

Puberty can be a very emotional time due to the changes in hormones in your body. We may feel more upset or angry than usual. It is important to talk about these emotions with someone you trust.

Fertilisation happens when a male sex cell and a female sex cell combine and begin to grow into a foetus. Women have a special organ called a **womb** which they grow the foetus in until the baby is ready to be born. Human babies develop for 9 months in the womb

